

Toolbox Talk 07 (Issue 2) – Coronavirus (COVID-19)

Reason	As of 9am on 9 March 2020, 24,960 people have been tested in the UK, of which 24,641 were confirmed negative and 319 were confirmed as positive.			
	Three patients who tested positive for COVID-19 have died.			
Outline	Typical symptoms of coronavirus include fever and a cough that may progress to a severe pneumonia causing shortness of breath and breathing difficulties.			
	Generally, coronavirus can cause more severe symptoms in people with weakened immune systems, older people, and those with long-term conditions like diabetes, cancer and chronic lung disease.			
	Novel coronavirus (COVID-19) is a new strain of coronavirus first identified in Wuhan City, China.			
	Because it's a new illness, we do not know exactly how coronavirus spreads from person to person.			
	Similar viruses are spread in cough droplets.			
	It's very unlikely it can be spread through things like packages or food.			
	Most people can continue to go to work, school and other public places.			
	The symptoms of coronavirus are:			
	• a cough,			
	a high temperature,			
	shortness of breath.			
	But these symptoms do not necessarily mean you have the illness.			
	The symptoms are similar to other illnesses that are much more common, such as cold and flu.			



Advice

Stay indoors and avoid contact with other people if you've travelled to the UK from the following places in the last 14 days, even if you do not have symptoms:

- Iran
- Hubei province in China
- Lockdown areas in northern Italy
- Special care zones in South Korea

Stay indoors and avoid contact with other people if you've travelled to the UK from the following places in the last 14 days and have a cough, high temperature or shortness of breath, even if your symptoms are mild:

- Mainland China outside of Hubei province
- Italy outside of the lockdown areas
- South Korea outside of the special care zones
- Cambodia
- Hong Kong
- Japan
- Laos
- Macau
- Malaysia
- Myanmar
- Singapore
- Taiwan
- Thailand
- Vietnam

Use the 111 online coronavirus service to find out what to do next.

Protection to Workers

If an outbreak of Coronavirus is confirmed at your workplace, you should stop work immediately, report to your Manager, then go home.

If you get a cough, a high temperature, or you feel short of breath, you must inform your Supervisor or Manager immediately.

Your Supervisor or Manager will notify head office immediately and the client will be informed.



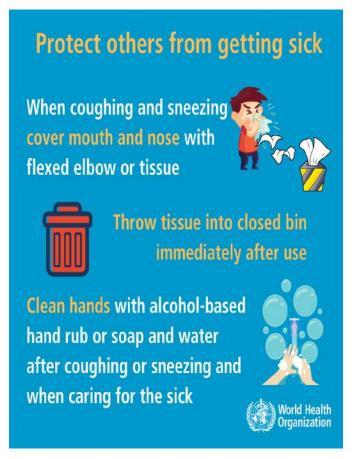
Prevention Control

If you get a cough, a high temperature, or you feel short of breath, continue to follow this advice. Do not leave your house.

Things you can do to help stop germs like coronavirus spreading: -

- Carry tissues with you, use them to catch your cough or sneeze.
- Then bin the tissue, and wash your hands, or use a sanitiser gel.
- Wash your hands often, for 20 seconds with soap and hot water, especially after using public transport.
- Use a hand sanitiser gel if soap and water are not available.
- Avoid touching your eyes, nose, mouth with unwashed hands.
- Avoid close contact with people who are unwell can minimise the risk of spreading disease.







Toolbox Talk – Operative Briefing Record

Subject: Toolbox Talk 07 Issue 2 – Coronavirus (Dated 09th March 2020)

Talk Given By	Position	Date	Attendees	TBT No
	Supervisor			1
	Supervisor			2

I confirm I have read and understood the toolbox talk information and will follow the controls and guidance detailed in this talk.

Name	Signature	Date